



Berkhamsted Raiders CFC



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Combining excellence in the community... with excellence on the pitch

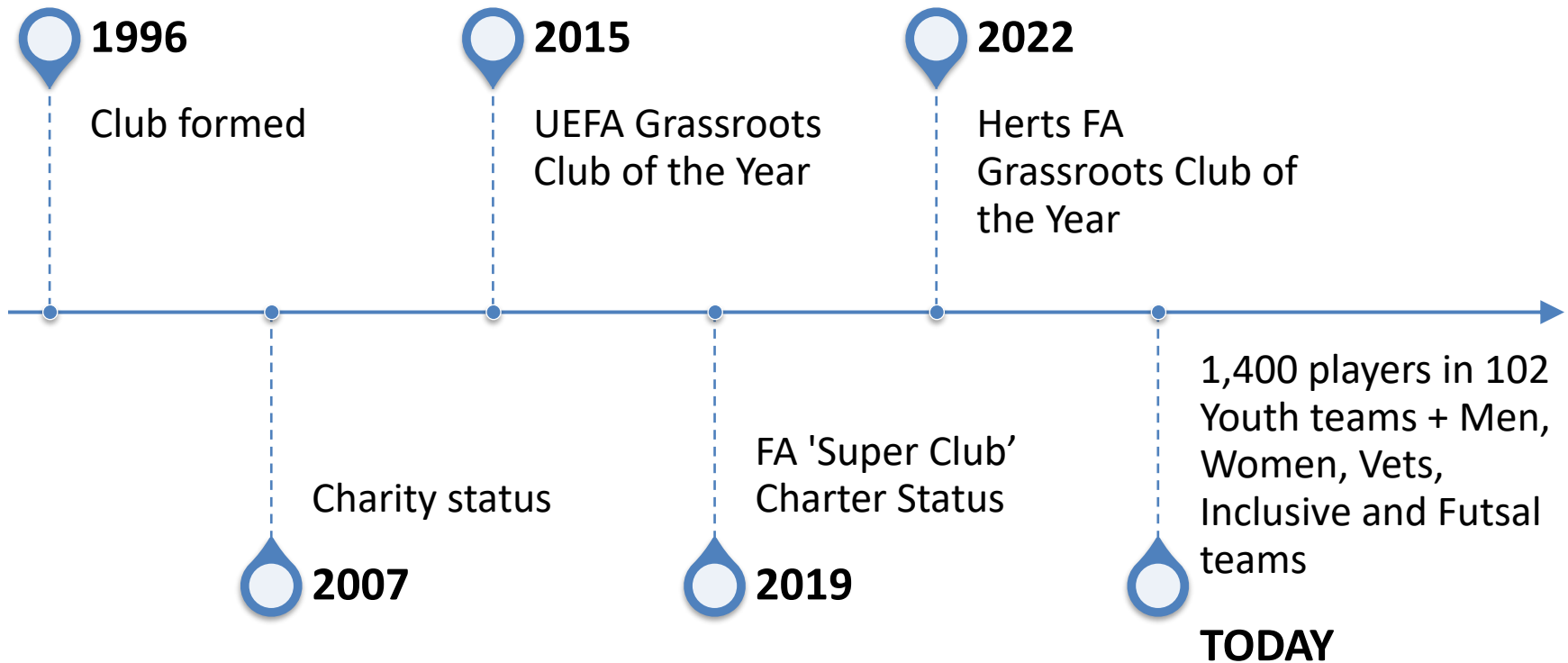
FA Charter Standard Community Club of the Year 2016,
UEFA European Grassroots Club of the Year - Silver Award 2016
Dacorum Community Sports Club of the Year 2019

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A short history



Berkhamsted Raiders CFC



Our mission

*“To provide healthy recreation,
personal development and enjoyment
to youth football players of all genders
and abilities, living locally”*



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IN MEMORIAM

Harry Faulkner
February 2013
Age 18

Alex Hubbard
December 2014
Age 21



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“Every week in the UK at least 12

assumably fit and healthy young people die
of an undiagnosed heart condition”

CRY (Cardiac Risk in the Young)

It will not happen again...



Cardiac Risk in the Young

- CRY Screening Day – every 2 years
- 100 children (aged 14+)
- 98% of children are passed medically fit
- 2% need further investigation.



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Since 2015



- Invested or raised over £30,000 for CRY
- Tested over 550 children
- 10 children have needed further investigation for potential heart conditions.



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When it happens... Be prepared!



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Emergency Action Plan

VENUE NAME	Lagley Meadow
VENUE ADDRESS	Lagley Meadow, Douglas Gardens, Berkhamsted HP4 3QQ
DIRECTIONS TO VENUE	Leave the A41 at junction signposted for Chesham A416. From Watford, turn left at the end of the exit lane. Turn left at the island and right at the next set of lights to the town centre. At the next set of lights turn left into Charles Street. The pitch is approximately half a mile ahead on the right.
FIRST AIDER INFORMATION	
TEAM MANAGERS	ALL RAIDERS TEAM MANAGERS COMPLETED FA LEVEL 1 FIRST AID in FOOTBALL COURSE
FIRST AIDER INFORMATION	
ITEM	LOCATION
Defibrillator	Sportspace – go to reception. State an emergency. Unit is stored in the Duty Manager's office opposite Reception, at floor level, immediately inside the office.
Stretcher	Sportspace – go to reception
First Aid Room	No
ACCESS ROUTES	
For Ambulance:	Use Sportspace car park
Helicopter access	Limited space on playing field
Pitch to Ambulance:	Less than 100 yards to car park
OTHER INFORMATION	
Nearest Hospital to A&E	Watford General Hospital
Hospital Address:	Vicarage Road, Watford Hertfordshire WD18 0HB
Hospital Contact No:	01923-244366 but call 999 in emergency
Directions:	Return to A41. Follow signs for Watford Town Centre. As you approach town centre, there are signs to Watford General Hospital.
Journey Time	Circa 25-30 mins but very traffic dependent. Rush hour can double this time.

